

Zaxby's	Calories
Chicken Fingers-3 piece	234
Chicken Fingers-5 piece	390
Mild boneless wings-5 piece	280
Teriyaki boneless wings-5piece	280
Chicken finger sandwich	490
Grilled chicken sandwich	420
Grilled house Zalad-1/2 order	285

Firehouse	Calories
4 inch Turkey Sub	220
4 inch Ham Sub	250
6 inch Turkey Sub	670
6 inch Ham Sub	740
6 inch Meatball Sub	820
6 inch Steak Sub	770
12 inch Turkey Sub	1, 020
12 inch Ham Sub	1, 120
12 inch Meatball Sub	1, 290
12inch Steak Sub	1, 280

Domino's	Calories
Cheese Pizza slice	210
Pepperoni Pizza slice	215
Chicken Alfredo Pasta Bowl	560
Breadsticks with marinara sauce	135
Chicken Bacon Ranch Sandwich	880
Philly Cheese Steak Sandwich	740

Moe's	Calories
Beef taco with chips (1)	518
Chicken taco with chips (1)	530
Beef tacos with chips (2)	676
Chicken tacos with chips (2)	700
Taco salad	
Beef burrito with chips	495
Chicken Quesadilla with chips	520
Queso dip	510

Chik-fil-A	Calories
Chick-fil-A Sandwich	440
Spicy Chick-fil-A Sandwich	490
Nuggets-4 pack-1 sauce	135 (not counting sauce)
Nuggets-6 pack-1 sauce	202.5 (not counting sauce)
Nuggets-8 pack-1 sauce	270 (not counting sauce)
Grilled Cool Wrap	340
Small Fruit cup	60